

# Cinnamon Rollies in a Mug

## INGREDIENTS (SERVES 2)

- 1 tablespoon of coconut oil
- 4 tablespoons of flour
- 1 ½ teaspoon of cinnamon
- Pinch of salt
- 1 teaspoon of baking powder
- 1 egg
- 4 tablespoons of milk
- 1 tablespoon of honey
- ½ teaspoon vanilla extract

## DIRECTIONS

- 1- Put the tablespoon of coconut oil in bowl and melt it for 25 seconds.
- 2- After, mix all cinnamon roll ingredients, adding the baking powder last.
- 3- Split into 2 mugs
- 2- Microwave on high for 2 m. 30 seconds
- 3- Finally, drizzle icing over hot cinnamon roll!

**ENJOY!**

MERRY

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